

Maximum Strength Mucinex® Fast-Max® Cold, Flu & Sore Throat Hot Water Packets

Drug Facts

Active ingredients (in each packet) Purposes

Acetaminophen 650 mg ...Pain reliever/fever reducer
Dextromethorphan HBr 20 mg..... Cough suppressant
Guaifenesin 400 mg.....Expectorant
Phenylephrine HCl 10 mg.....Nasal decongestant

Uses temporarily relieves these common cold and flu symptoms:

- nasal congestion
- cough
- sore throat
- temporarily reduces fever
- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive
- minor aches and pains
- headache

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take:

- more than 6 packets in 24 hours, which is the maximum daily amount
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks daily while using this product

Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use if you have

- liver disease
- high blood pressure
- trouble urinating due to an enlarged prostate gland ▶
- heart disease
- thyroid disease
- diabetes

Drug Facts (continued)

- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- cough that occurs with too much phlegm (mucus)
- a sodium-restricted diet

Ask a doctor or pharmacist before use if you are taking the blood thinning drug warfarin

When using this product do not use more than directed

Stop use and ask a doctor if

- nervousness, dizziness, or sleeplessness occur
- pain, nasal congestion, or cough gets worse, or lasts more than 7 days
- fever gets worse, or lasts more than 3 days
- redness or swelling is present
- cough comes back, or occurs with fever, rash, or headache that lasts. These could be signs of a serious condition.
- new symptoms occur

If pregnant or breast-feeding, ask a health professional before use. **Keep out of reach of children.**

Overdose warning: Taking more than the recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

■ do not take more than directed (see Overdose warning)

- do not take more than 6 packets in any 24-hour period
- adults and children 12 years of age and older: 1 packet every 4 hours. Dissolve contents of one packet into 8 oz of hot water and stir; sip while hot. Consume within 15 minutes.
- children under 12 years of age: do not use

Other information

- each packet contains: **sodium 130 mg**
- phenylketonurics: contains phenylalanine 41 mg per packet
- store between 20-25°C (68-77°F)
- protect from excessive heat and moisture

Inactive ingredients anhydrous citric acid, aspartame, D&C Yellow #10, FD&C Red #40, flavors, saccharin sodium, sucrose, trisodium citrate dihydrate