

# Maximum Strength Mucinex® Fast-Max® Severe Cold/Night Time Cold & Flu Hot Water Packets

## Drug Facts

### Active ingredients (in each packet) Purposes Mucinex FAST-MAX Severe Cold

Acetaminophen 650 mg.....Pain reliever/fever reducer  
Dextromethorphan HBr 20 mg.....Cough suppressant  
Guaifenesin 400 mg.....Expectorant  
Phenylephrine HCl 10 mg.....Nasal decongestant

### Active ingredients (in each packet) Purposes Mucinex FAST-MAX Night Time Cold & Flu

Acetaminophen 650 mg.....Pain reliever/fever reducer  
Diphenhydramine HCl 25 mg...Antihistamine/cough suppressant  
Phenylephrine HCl 10 mg.....Nasal decongestant

**Uses** ■ temporarily relieves these common cold and flu symptoms:  
 ■ nasal congestion ■ cough  
 ■ minor aches and pains ■ headache ■ sore throat  
 ■ runny nose and sneezing (*Night Time Cold & Flu only*)  
 ■ controls cough to help you get to sleep (*Night Time Cold & Flu only*)  
 ■ helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive (*Severe Cold only*)  
 ■ temporarily reduces fever

## Warnings

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take:

- more than 6 packets in 24 hours, which is the maximum daily amount
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks daily while using this product

**Sore throat warning:** if sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

### Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other drug containing diphenhydramine, even one used on the skin (*Night Time Cold & Flu only*)
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- for children under 12 years of age

**Ask a doctor before use if you have** ■ liver disease

- heart disease ■ high blood pressure
- thyroid disease ■ diabetes
- trouble urinating due to an enlarged prostate gland
- glaucoma (*Night Time Cold & Flu only*)
- breathing problems such as emphysema or chronic bronchitis (*Night Time Cold & Flu only*)
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- cough that occurs with too much phlegm (mucus)
- a sodium-restricted diet

## Drug Facts (continued)

**Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers (*Night Time Cold & Flu only*)

### When using this product

- **do not use more than directed**
- excitability may occur, especially in children (*Night Time Cold & Flu only*)
- marked drowsiness may occur (*Night Time Cold & Flu only*)
- alcohol, sedatives, and tranquilizers may increase drowsiness (*Night Time Cold & Flu only*)
- avoid alcoholic drinks (*Night Time Cold & Flu only*)
- be careful when driving a motor vehicle or operating machinery (*Night Time Cold & Flu only*)

### Stop use and ask a doctor if

- nervousness, dizziness, or sleeplessness occur
- pain, nasal congestion, or cough gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- cough comes back, or occurs with fever, rash, or headache that lasts. These could be signs of a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.**

**Overdose warning:** Taking more than the recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

## Directions

- **do not take more than directed (see Overdose warning)**
- do not take more than 6 packets in any 24-hour period
- adults and children 12 years of age and older:  
1 packet every 4 hours
- dissolve contents of one packet into 8 oz of hot water and stir; sip while hot. Consume within 15 minutes.
- children under 12 years of age: do not use

## Other information

- each packet contains: **sodium 130 mg**
- phenylketonurics: contains phenylalanine 41 mg per packet
- store between 20-25°C (68-77°F)
- protect from excessive heat and moisture

## Inactive ingredients (Mucinex FAST-MAX Severe Cold)

anhydrous citric acid, aspartame, D&C Yellow #10, FD&C Red #40, flavors, saccharin sodium, sucrose, trisodium citrate dihydrate

## Inactive ingredients (Mucinex FAST-MAX Night Time Cold & Flu)

anhydrous citric acid, aspartame, D&C Yellow #10, FD&C Red #40, flavors, saccharin sodium, sodium citrate, sucrose

## Questions? 1-866-MUCINEX (1-866-682-4639)

You may also report side effects to this phone number.