

Maximum Strength Mucinex® Fast-Max® Night Time Cold & Flu Hot Water Packets

Drug Facts

Active ingredients (in each packet) Purposes

Acetaminophen 650 mg...Pain reliever/fever reducer
 Diphenhydramine HCl 25 mg
Antihistamine/cough suppressant
 Phenylephrine HCl 10 mg.....Nasal decongestant

Uses ■ temporarily relieves these common cold and flu symptoms: ■ cough ■ minor aches and pains
 ■ headache ■ sore throat ■ nasal congestion
 ■ runny nose ■ sneezing
 ■ controls cough to help you get to sleep
 ■ temporarily reduces fever

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take:

- more than 6 packets in 24 hours, which is the maximum daily amount
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks daily while using this product

Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

- Do not use** ■ with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other drug containing diphenhydramine, even one used on the skin
 - if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use if you have

- liver disease ■ heart disease ■ diabetes
- high blood pressure ■ thyroid disease ■ glaucoma
- trouble urinating due to an enlarged prostate gland
- breathing problems such as emphysema or chronic bronchitis ■ a sodium-restricted diet
- cough that occurs with too much phlegm (mucus) ►

Drug Facts (continued)

- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema

Ask a doctor or pharmacist before use if

- you are taking the blood thinning drug warfarin
- you are taking sedatives or tranquilizers

When using this product ■ **do not use more than directed** ■ excitability may occur, especially in children
 ■ marked drowsiness may occur ■ alcohol, sedatives, and tranquilizers may increase drowsiness ■ avoid alcoholic drinks ■ be careful when driving a motor vehicle or operating machinery

Stop use and ask a doctor if ■ nervousness, dizziness or sleeplessness occur ■ pain, nasal congestion, or cough gets worse, or lasts more than 7 days ■ fever gets worse, or lasts more than 3 days ■ redness or swelling is present ■ new symptoms occur ■ cough comes back, or occurs with fever, rash, or headache that lasts. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use. **Keep out of reach of children.**

Overdose warning: Taking more than the recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

■ **do not take more than directed (see Overdose warning)**

- do not take more than 6 packets in any 24-hour period
- adults and children 12 years of age and older: 1 packet every 4 hours. Dissolve contents of one packet into 8 oz of hot water and stir; sip while hot. Consume within 15 minutes.
- children under 12 years of age: do not use

Other information ■ each packet contains: **sodium 130 mg** ■ phenylketonurics: contains phenylalanine 41 mg per packet ■ store between 20-25°C (68-77°F)

Inactive ingredients anhydrous citric acid, aspartame, D&C Yellow #10, FD&C Red #40, flavors, saccharin sodium, sodium citrate, sucrose